



## THE LIGHT SYSTEM

# PROGRAMS

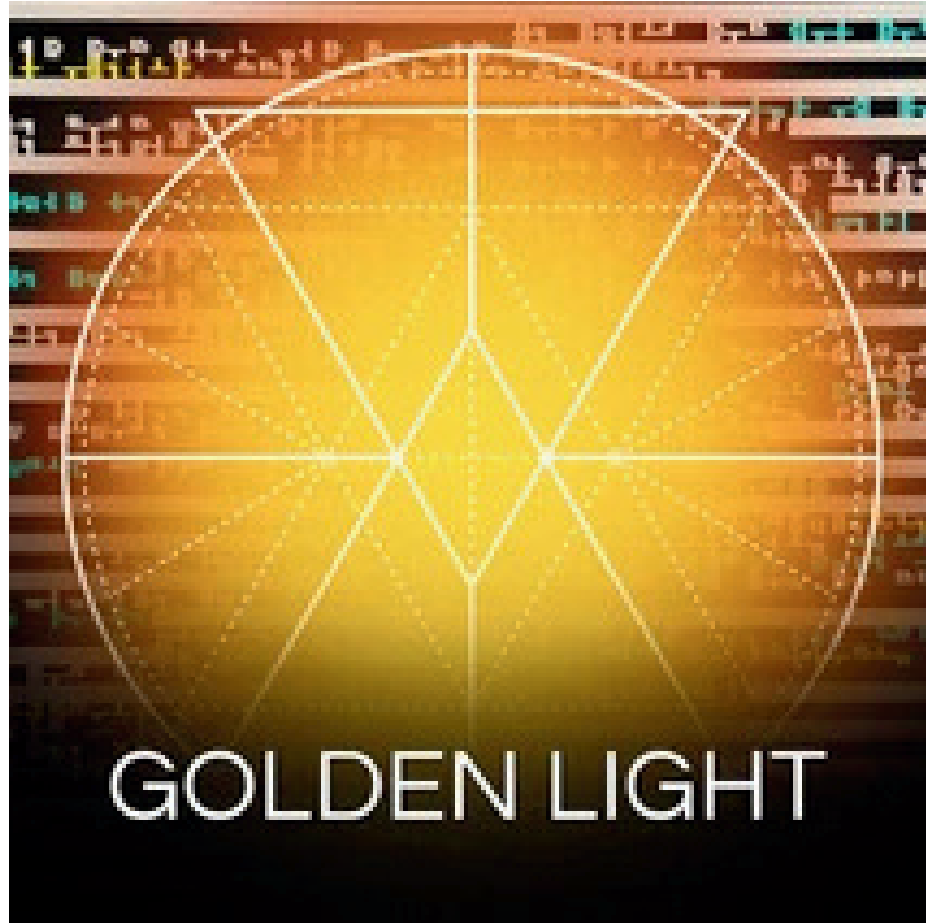
## 16 Targeted Journeys



The Light System features 16 distinct programs designed to elevate the mind, body, and spirit. Each one serves as a portal to cognitive renewal, cellular regeneration, and energetic expansion.

← [SCAN BARCODE TO LEARN MORE](#)





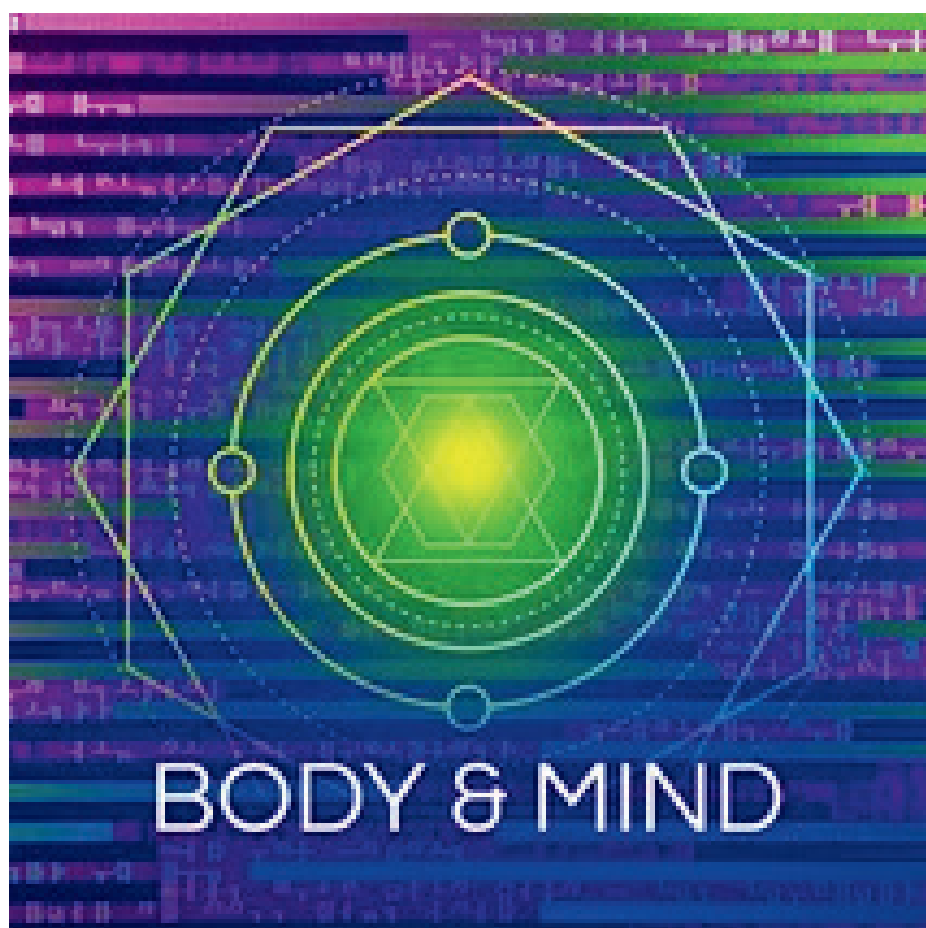
# GOLDEN LIGHT

## Cognitive Functions:

A dynamic and energetic environment that supports life-generating frequencies and cultivates creative and open-minded awareness. Enhanced mood and energy.

## Cellular Physiology:

Stimulation of accelerated wound healing, reduced inflammation and improved skin tone.



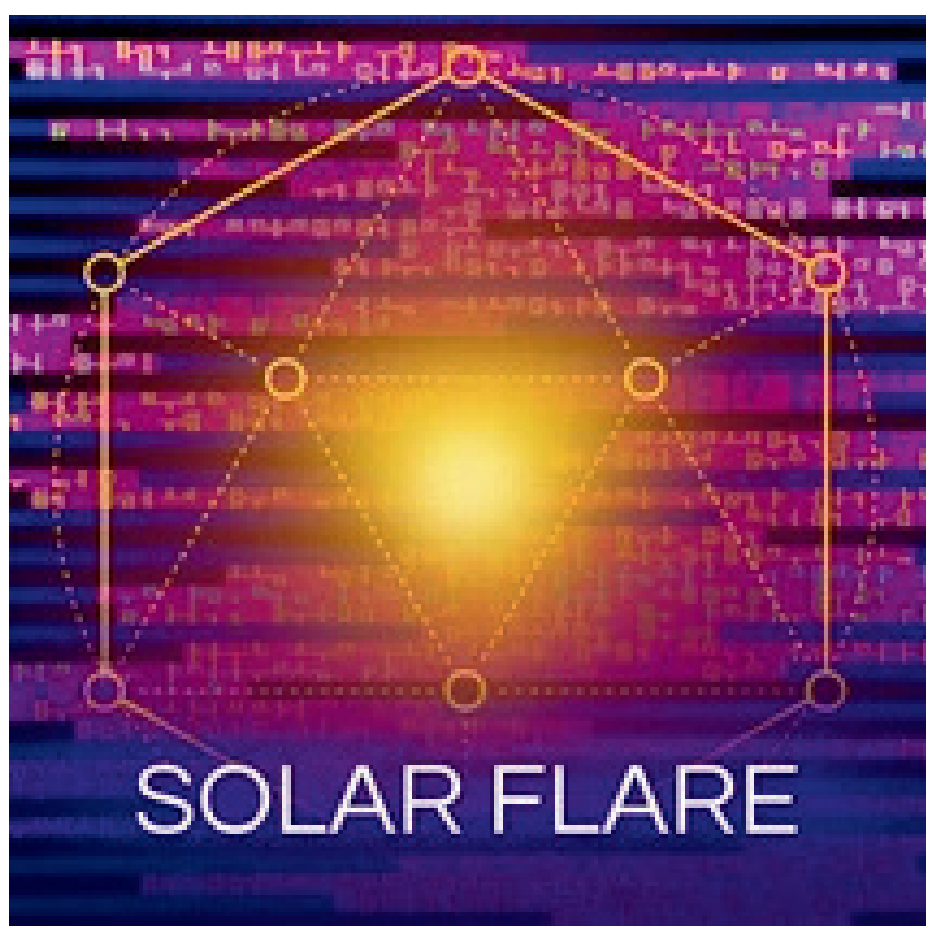
# BODY & MIND

## Cognitive Functions:

A potent bio-energetic resonance composed that promotes mind-body coherence and brainwave synchronization.

## Cellular Physiology:

Supports vitality and the body's innate healing systems with anti-aging and cellular regenerative effects.



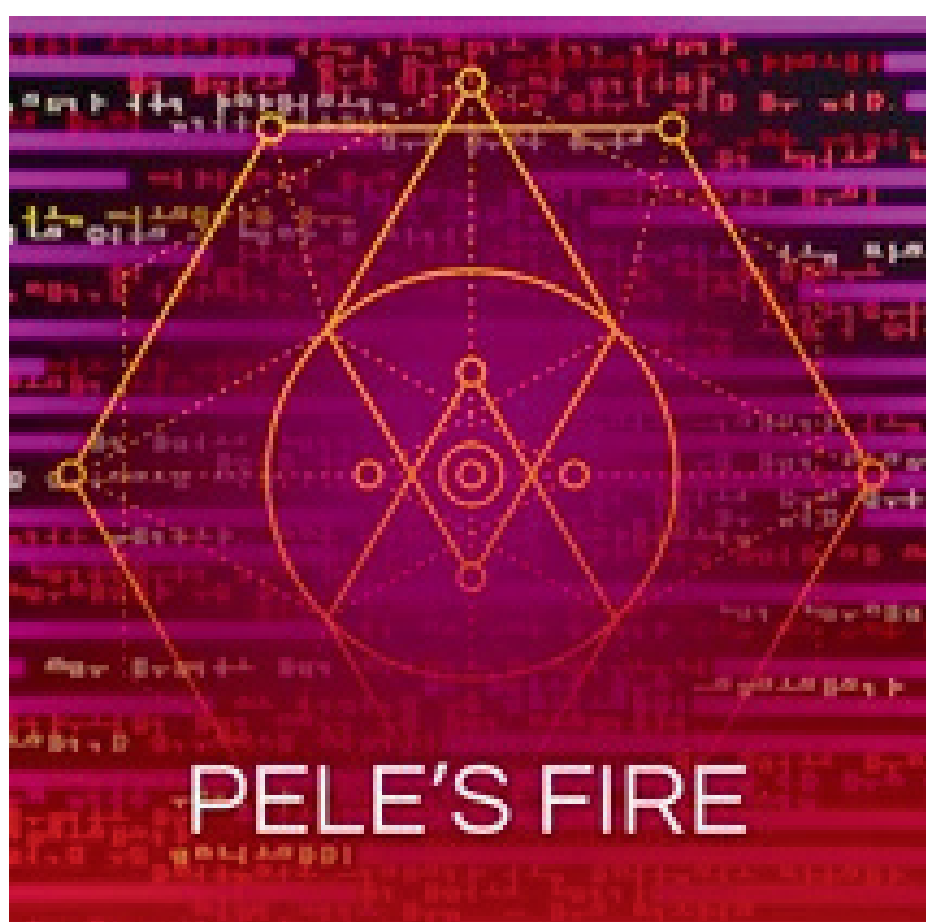
# SOLAR FLARE

## Cognitive Functions:

A powerful and primordial environment informed by the sub-logos or “Solar Mind”. Supports a calm and focused state of mind, with an elevated sense of well-being and harmony.

## Cellular Physiology:

Promotes cellular regeneration and collagen production with a calming effect on the nervous system.



# PELE'S FIRE

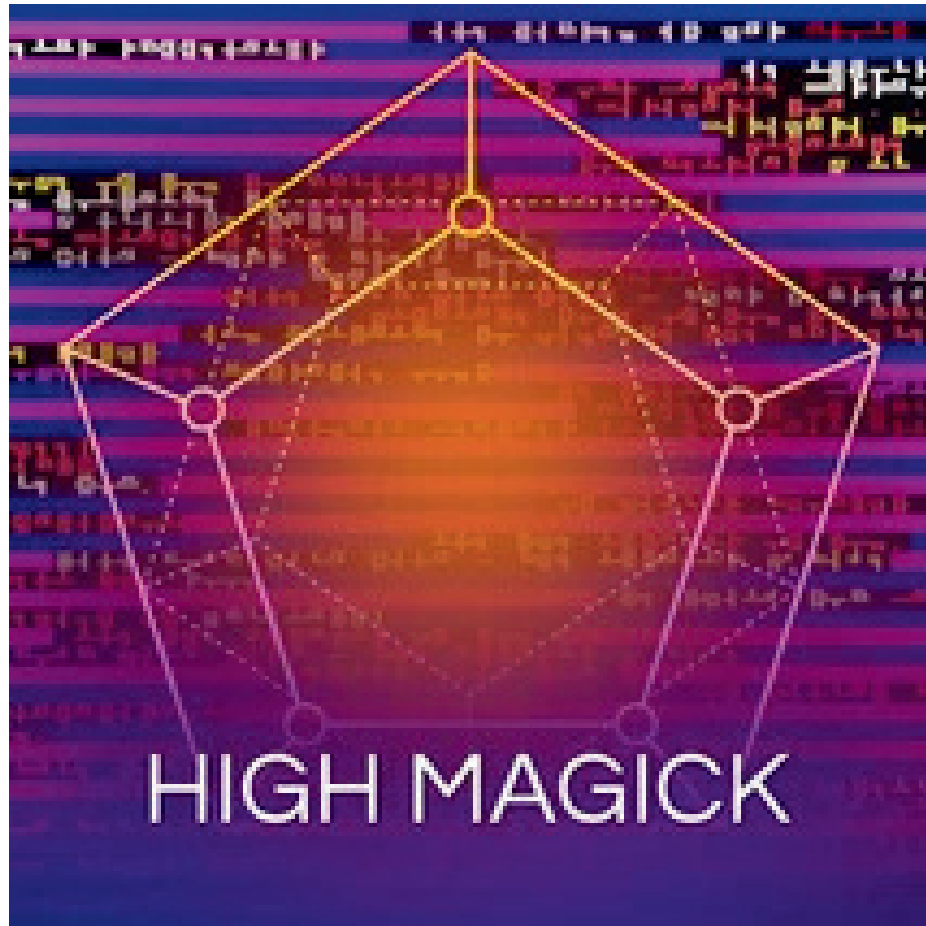
## Cognitive Functions:

A dynamic environment that activates the sympathetic nervous system, creating mental alertness and increased motivation, allowing for a surge of intense focus, spontaneous creativity and powerful release.

## Cellular Physiology:

Stimulation of circulation and blood flow, enhanced cellular detoxification through lymphatic system stimulation, reduction of cellular inflammation, increased energy and balanced hormonal function.

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# HIGH MAGICK

## Cognitive Functions:

A thoughtful environment that supports a sense of creativity and abstract thinking, enhancing focus, mental clarity, and hyper cognitive awareness.

## Cellular Physiology:

Suppression of melatonin production creating increased alertness, modulation of beta brainwave activity for active-thinking and intense focus, reduction of emotional engagement for logical processing.



# LIGHTNING DANCE

## Cognitive Functions:

A stimulating environment that promotes momentum and forward motion, resilience and emotional endurance, optimism, creativity and connection to personal power and energy.

## Cellular Physiology:

Enhancement of cellular energy production, boosting metabolism and immune function, activating natural stress responses and fostering resilience.



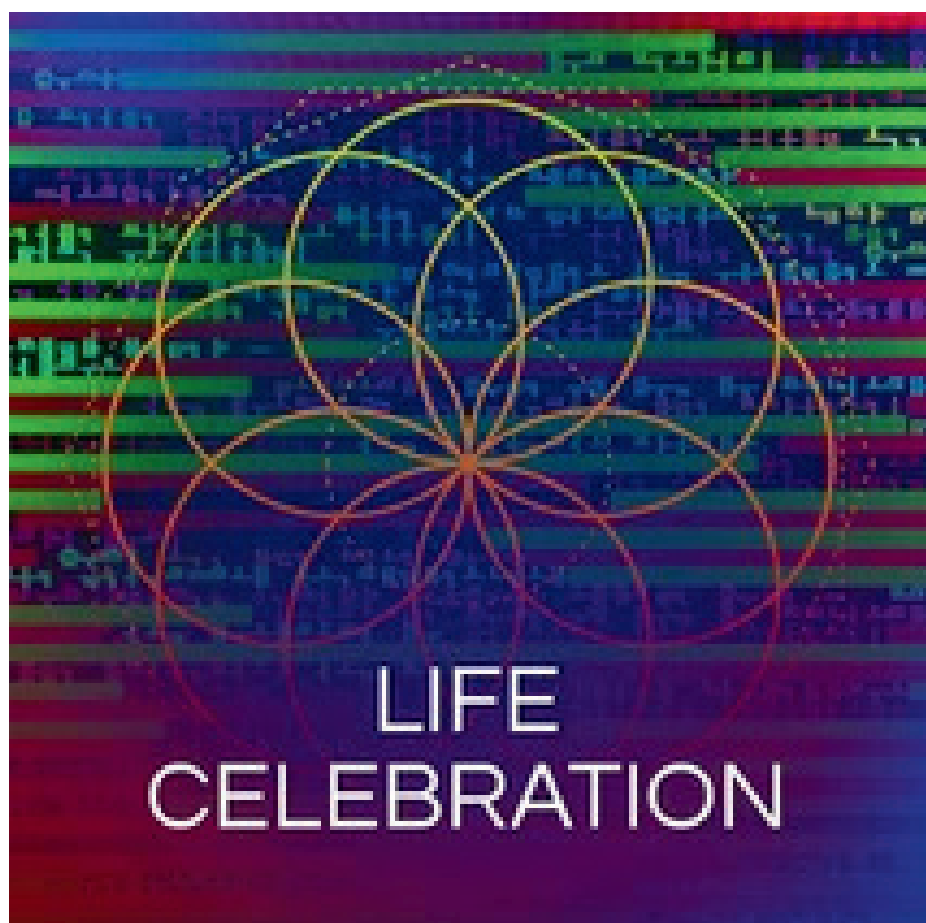
# RAIN FOREST

## Cognitive Functions:

A vibrant environment that promotes stress reduction, creative thinking, inspiration, and increased mental adaptability encouraging harmony, optimism and contentment.

## Cellular Physiology:

Promotion of cellular healing from environmental stressors by enhancing the body's natural detoxification systems, regulation of stress hormones, metabolic function, and emotional regulation through boosting serotonin production.



# LIFE CELEBRATION

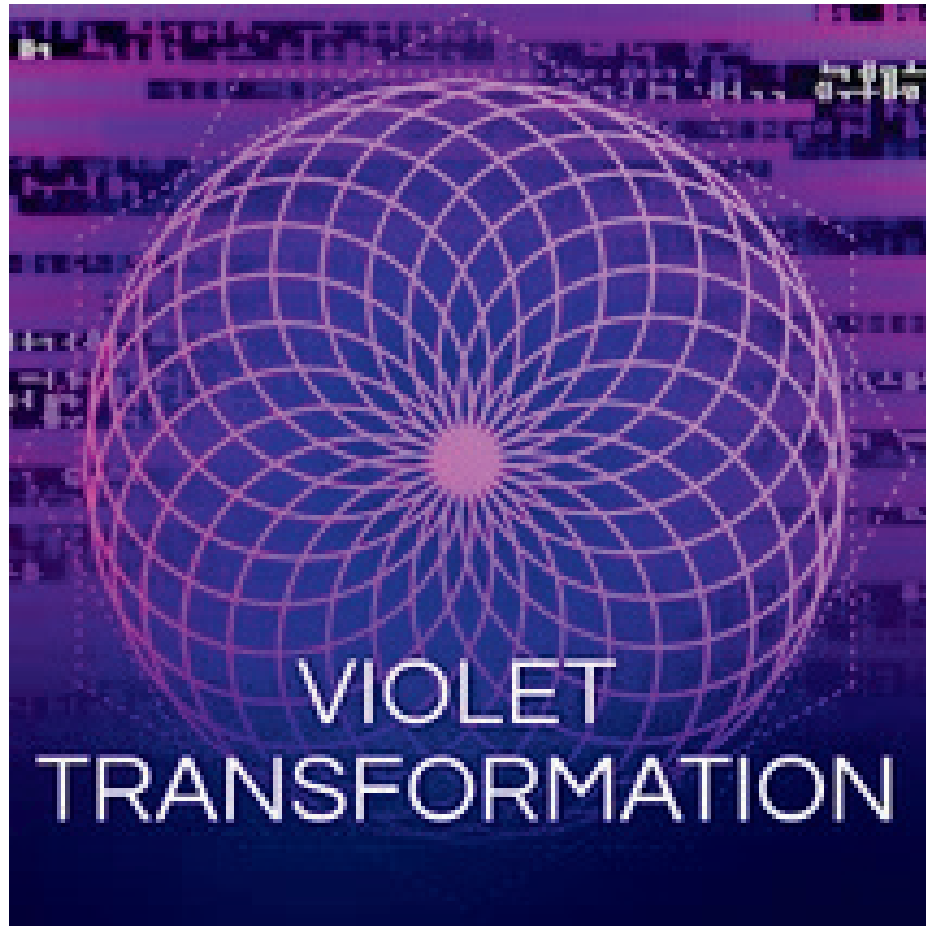
## Cognitive Functions:

A stimulating environment that creates connection to positive memories and associations, fostering optimism, confidence and heightened cognitive resilience, while strengthening social connection and deep presence.

## Cellular Physiology:

Activation of anti-aging processes and cellular repair, hormonal regulation and mood enhancement, and stimulation of the detoxification processes.





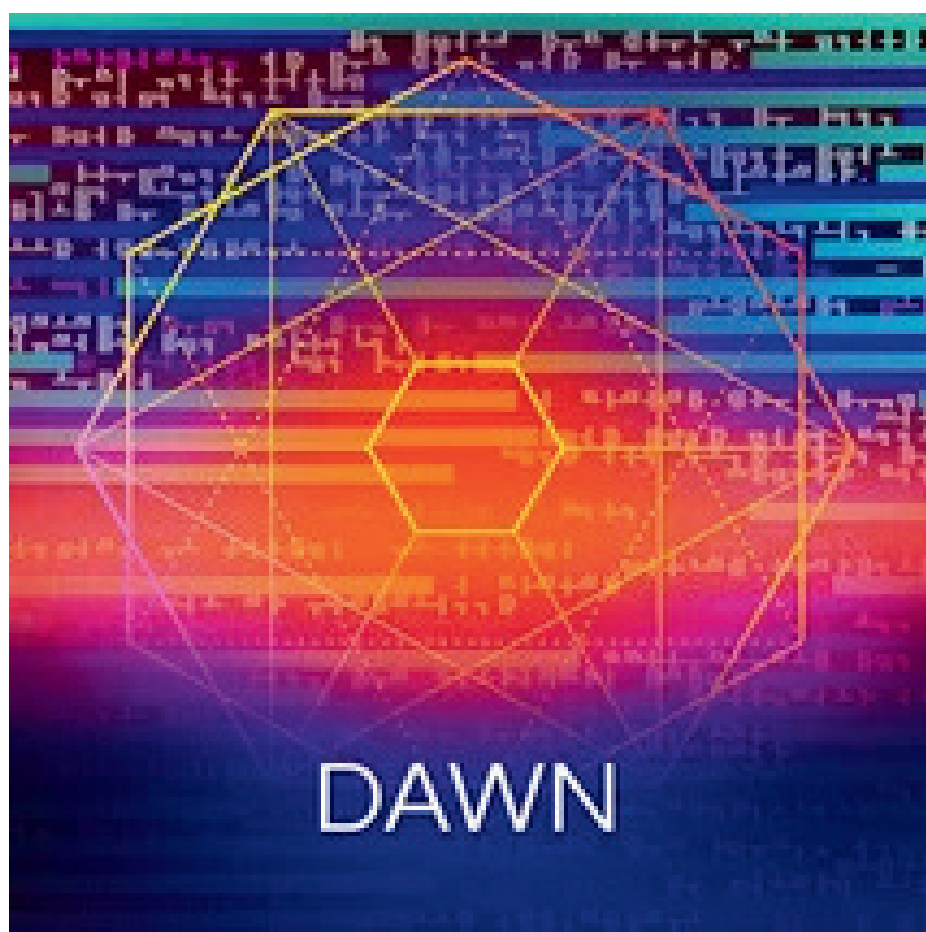
# VIOLET TRANSFORMATION

## Cognitive Functions:

A profound environment that expands spiritual awareness, enhancing intuitive insight, calming the mind while elevating mental clarity for the purpose of facilitating emotional healing and awakening spiritual enlightenment.

## Cellular Physiology:

Detoxification and stimulation of blood flow, balancing of the nervous system and reduction in excess cortisol production, resulting in emotional and mental detoxification.



# DAWN

## Cognitive Functions:

An inviting environment that enhances emotional regulation and calmness, reinforcing optimism and anticipation, and reinforcing positive memories and emotional connection.

## Cellular Physiology:

Stimulation of the body's circadian rhythms, improving cellular function by stimulating cellular communication to allow transitions from rejuvenation, to regeneration, to balance, welcoming a neuro-chemical balance and uplifting emotional atmosphere.



# HEART LIGHT

## Cognitive Functions:

A warm environment that supports enhanced emotional processing, affection and empathy, joyful and heart-centered connection, self-love and playfulness.

## Cellular Physiology:

Activation of the parasympathetic nervous system, leading to a relaxed state, reduction in inflammation and increase in blood circulation and oxygenation, leading to a more balanced immune system, and endorphin release fostering amore harmonious internal state.



# MYSTIC FOREST

## Cognitive Functions:

A nuanced environment that blends intuitive depth and focus, enhanced creativity, emotional balance and deep spiritual connection. A compliment for deep meditative work.

## Cellular Physiology:

Enhanced cellular repair and regeneration, improved circulation and oxygenation, and optimized immune function.

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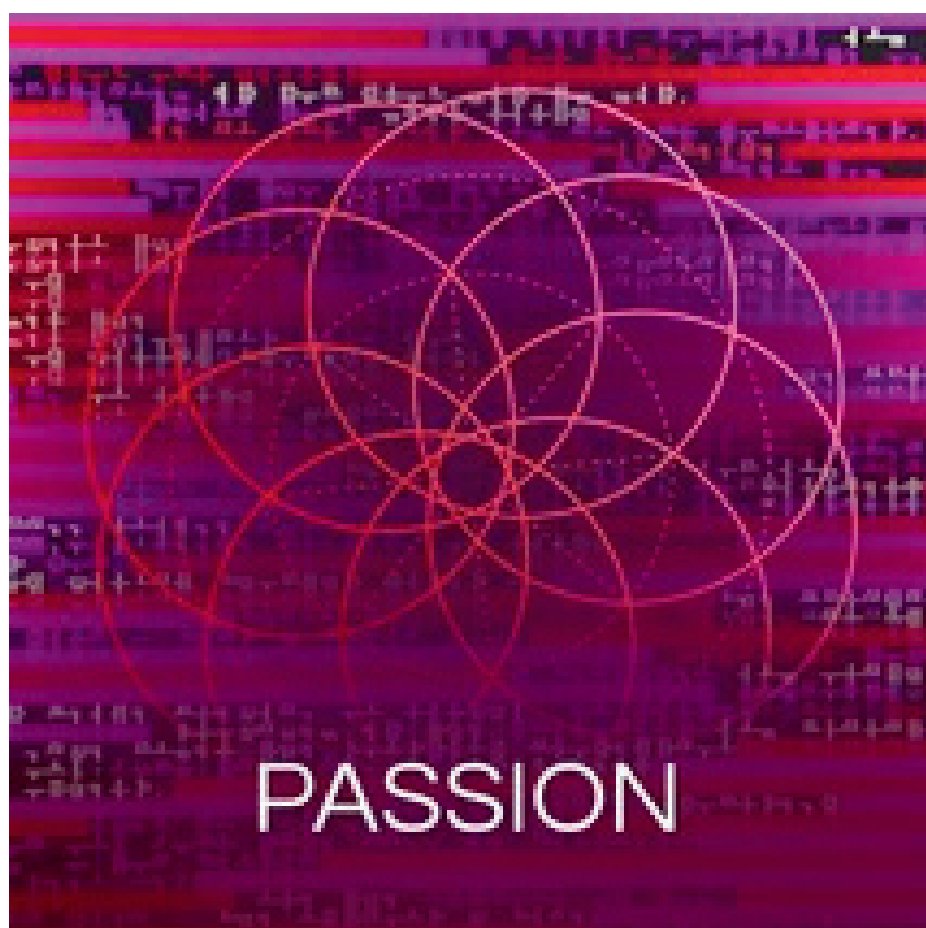
# OCEAN

## Cognitive Functions:

A peaceful environment that promotes rest, stress and anxiety reduction, an uplifting activation of emotional and cognitive renewal and support for deeper sleep rhythms.

## Cellular Physiology:

Regulation of circadian rhythms for improving sleep and cellular repair, reduction of cortisol levels aiding in stress reduction at the cellular level, and the promotion of collagen synthesis, tissue repair and wound healing.



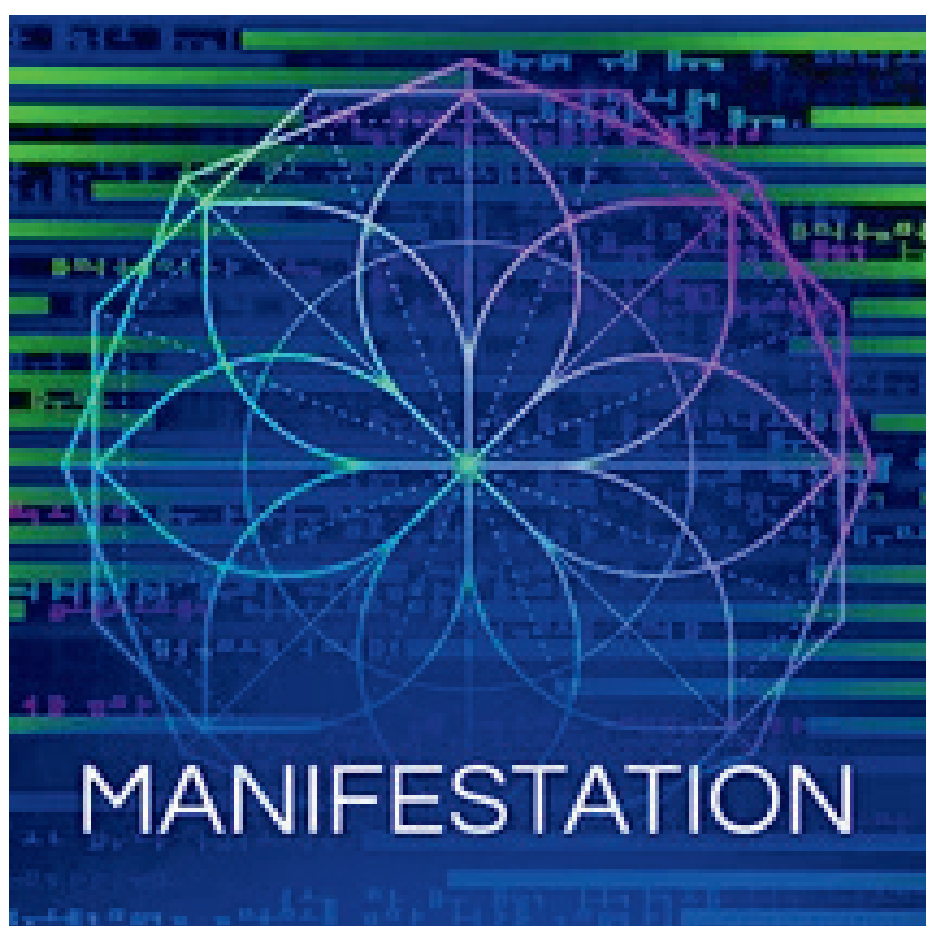
# PASSION

## Cognitive Functions:

An energetic environment that stimulates desires and determination, emotional intensity, increased self-expression and bold confidence. A compliment for kundalini and tantric yoga practices.

## Cellular Physiology:

Stimulating increased energy production, accelerated cellular repair and wound healing, the release of natural painkillers, improved lymphatic function, and the mitigation of oxidative stress.



# MANIFESTATION

## Cognitive Functions:

An inviting environment that fosters awakening and rebirth, enhanced mental focus and emotional clarity, inspiring creative problem solving and intuitive insight.

## Cellular Physiology:

Promoting cellular restoration and relaxation, improving nutrient supply to cells, including anti-inflammatory and antioxidant effects, and balanced mental and emotional function.



# DEEP MYSTERY

## Cognitive Functions:

A nuanced environment that blends intuitive depth and focus, enhanced creativity, emotional balance and deep spiritual connection. A compliment for deep meditative work.

## Cellular Physiology:

Enhanced cellular repair and regeneration, improved circulation and oxygenation, and optimized immune function.