



Monicor Protocols – Updated Steady Steps to Better Health

Many bacteria, viruses, parasitic worms, and protozoa lay dormant in the body causing illness or disease months or even years as they compromise the immune system.

From the Cleveland Clinic – “Protozoa are single-celled parasites. They can infect your blood, intestinal tract (gut), brain, skin, eyes, and other parts of the body. Helminth is the general term for parasitic worms. Scientists further classify them as flukes (trematodes), tapeworms (cestodes), roundworms (nematodes)...Helminths usually infect your intestinal tract, but they can also infect your skin, brain, and other tissues.”

A well-documented example of the issues caused by dormant viruses is the varicella-zoster virus (herpes zoster) which is the same virus that causes chickenpox. After having chickenpox, the virus stays in the nerve cells of the body but is not active. Shingles occur when the virus becomes active again, usually many years later.

Heart disease – Infections, especially viral infections, are a significant cause of myocarditis (WebMD 1/10/24). Heart issues caused by viruses, bacteria, or other pathogens can inflame or damage the heart. (Cleveland Clinic 11/8/2012). Infections have been recognized as significant causes of cardiac diseases for many decades (Ncbi.nlm.nih.gov).

For another example, by running the suggested programs with the Liver Protocol, you will be gently addressing potential congestion in the liver. Using the protocols helps eliminate flukes, worms, bacteria, mold, and viruses. This will allow the body to handle other issues more effectively. By going through the protocols, you can enhance the entire immune system. Then, you are ready to use other programs in the Monicor.

These are only a few of the reasons why Monicor USA suggests using the designated protocols provided with the Monicor. **First, everyone should use the new 11-session Suggested Protocol.** Then, if issues persist, you can proceed with other specific protocols of your choice: Liver, Lungs, Digestion/Small & Large intestines/Stomach, Heart, Diabetes, Lyme, Urinary Problems/ Kidney/ Bladder/Prostate, Stomach, and Varmas. **The PDF of the 11-session Suggested Protocol is located on your Monicor desktop and is also sent separately as an email.** Please note, generally, we start with the largest of the organisms when dealing with an issue and work our way through to the smallest—parasitic worms, protozoa, bacteria, and then viruses.

If you need an additional copy of any Monicor Protocols or other information, please contact us.

Wishing you the best,

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